



Make Parenting A Pleasure

FOR PARENTS OF CHILDREN
NEWBORN TO 8 YEARS



CHILDCARE, DINNER,
&
BOOK INCLUDED!



- DISCOVER WAYS TO MANAGE STRESS.
- LEARN ABOUT CHILD DEVELOPMENT.
- BUILD YOUR TOOLKIT FOR POSITIVE DISCIPLINE.

MONDAYS

NOVEMBER 10TH TO
JANUARY 12TH, 2025
5:30-7:30PM

NO COST REGISTRATION



**FAMILY RESOURCE
CENTER**

2500 NE Twin Knolls Drive
Bend, OR

541-389-5468 (option 2)



Anna

Anna has spent more than 20 years supporting families. She combines real-life insight with professional training to guide parents with warmth and care.



FAMILY RESOURCE CENTER
of Central Oregon

