

CIRCLE OF SECURITY

For parents with children birth-5 years

Imagine what it might feel like
if you were able to make
sense of what your child was
really asking from you.



Learn how to help your child feel
safe, regulate their emotions, and
build their self-esteem.



Free
REGISTER♥SCAN



541-389-5468 option 2

Tuesdays
October 21-
December 16
2025

Held
Virtually on
Zoom

10AM
to
11:30AM



I am passionate about giving children, youth, and adults spaces to grow and thrive in their own powerful ways. I love creating spaces where all are seen, heard, understood, accepted, valued, and appreciated

FAMILY RESOURCE CENTER
of Central Oregon

